



West-Island Weekly Class Schedule

For more information and to reserve your spot please contact Mark Tosques at mark.tosques@powerwatts.com

Monday	Tuesday	Wednesday	Thursday	Friday
6:15-7:15AM PowerWatts Class 3 spots available!			6:15-7:15AM PowerWatts Class 3 spots available!	
	12:00-1:00PM PowerWatts Class 2 spots available!			12:00-1:00PM PowerWatts Class 1 spot available!
5:00-6:00PM PowerWatts Class 3 spots available!		5:00-6:00PM PowerWatts Class 1 spot available!		5:00-6:00PM Aerobic Ride Reservation Required
6:45-7:45PM PowerWatts Class 2 spots available!		6:45-7:45PM PowerWatts Class 1 spot available!		6:30-7:30PM Aerobic Ride Reservation Required