



West-Island Weekly Class Schedule

For more information and to reserve your spot please contact Mark Tosques at mark.tosques@powerwatts.com

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|--|--|
| 6:15-7:15AM PowerWatts Class 3 spots available! | | | 6:15-7:15AM PowerWatts Class 3 spots available! | |
| | 12:00-1:00PM PowerWatts Class 2 spots available! | | | 12:00-1:00PM PowerWatts Class 1 spot available! |
| 5:00-6:00PM PowerWatts Class 3 spots available! | | 5:00-6:00PM PowerWatts Class 1 spot available! | | 5:00-6:00PM Aerobic Ride Reservation Required |
| 6:45-7:45PM PowerWatts Class 2 spots available! | | 6:45-7:45PM PowerWatts Class 1 spot available! | | 6:30-7:30PM Aerobic Ride Reservation Required |